

LCCAP Early Learning Family Newsletter



March 2019

Super Attendance!



Mrs. Bailey and Mrs. Ritz's classroom at Laurel got to come to school nice and cozy in their pajamas for the day! They were chosen as the January attendance incentive winners. Congratulations Laurel and keep up the great work!!!

Do you want to build an animal hospital?

The classroom at Ben Franklin 204 is in the midst of their "Building Studies" and these girls created this Animal Hospital in the block area. Awesome job girls, those animals were lucky to have you taking care of them.



Making music at ECELC

Room 206 at the Ellwood City Early Learning Center are having fun with their Music Study. Mrs. Vanasco's son came into the classroom to play parlor pipes (similar to bagpipes), and the kids made shakers to make their own music.

Empty Bowls Event Helps Feed Those in Lawrence County!



“Empty Bowls” is an annual fundraiser which proceeds go to the Lawrence County Children’s Summer Food Program which provides free meals to children in Lawrence County over the summer months. This event will be held on **Saturday, April 6th from 4:00 – 6:00** at New Castle High School. The ticket price is \$10.00 and children under 12 eat free. If interested more information can be found at www.lcempty-bowls.com.



Family Service Worker Corner



- March 13-14 New Castle Area School District will be conducting kindergarten Registration at Ben Franklin. Families scheduled on those days please remember to bring current proof of residency with you. If your child has not been scheduled or registration packet completed, contact your FSW as soon as possible.

- Does your child still need a Dental Exam? Mobile dentist will be at Ben Franklin on March 19th. Call FSW to inquire.

- Nutrition Links: Meeting on March 13th, 19th and 26th. Lots of great information on how to eat better for less.

Laurel Art Show Displays Great Talent!

Laurel’s Art Show took place March 5th. The classroom theme was “Exploring the World of Eric Carle.” The children’s art work was derived from “Carle’s” books and the theme carried over to the classroom activities that the families participated in during the art show.



Neshannock Early Learning Studies Pets!



Mrs. Blaik's and Mrs. Scheller's room at Neshannock finished their pet study. The children put their veterinarian skills to use in the dramatic play area. Also some art work featuring their pet fish.

Go With H2O

What is the substance that contains no calories, makes up 60 percent of our body weight and is practically free? The answer is WATER. Two thirds of our bodies are composed of water making it the body's most vital nutrient. Why is water so valuable?

- Helps your body digest food and absorb nutrients
- Keeps your body working properly
- Carries away bodily waste
- Cools the body through perspiration

"But I don't like the taste," you may hear? Become the master of disguise and mix lemon or lime slices in the water. Try making water a drink option at meal-time or snacks. Offer children water when they want a snack just before a scheduled meal.

Cucumber Citrus Water

Ingredients:

- 1 cucumber, sliced
- 1 orange, sliced
- 1 lime, sliced
- 1 cup ice
- Water

Instructions:

1. Add cucumber, orange, and lime to a 2-quart drinking pitcher.
2. Top with the ice and water.
3. Can be served immediately. However, for more flavor, chill for 30 minutes or more. (experiment with other ingredients such as: strawberries, raspberries, basil, mint)



Why wear green on St. Patrick's Day?

Folklore says wearing green makes you invisible to leprechauns, which like to pinch anyone they can see.

And others think to wear that color brings you "Good Luck"

So sport the green, keep Luck on your side, "Not to be pinched."



Job Tools for Success

Since going over resume basics in February's newsletter, our focus this month is on Cover Letters to help get the interview and Thank You Letters after you have received an interview.

The Basic Elements of a Cover Letter

1. **Greeting:** Address your cover letter to the proper person.
2. **Opening Paragraph:** Write a personable, inviting opening paragraph that highlights the position for which you are applying, how you learned of the position, and how your skills are a perfect fit for the job.
3. **Second Paragraph Hook:** Highlight 1 or 2 past achievements as they relate to the job you're applying for.
4. **Second or Third Paragraph Skills:** Highlight additional relevant skills, such as computer, languages or certifications.
5. **Closing:** Briefly recap your strengths as a candidate, thank the person for considering your resume, and include your contact information.

Elements of a Thank You Letter

1. **Time Frame:** Plan to send out your thank letter(s) as soon as possible after your interview. Preferably within 24 hours.
2. **Who to Say Thank You for an Interview:** Send a thank you letter to the person interviewing you. If there was more than one interviewer, you will need to judge the personality of the organization and decide if a group letter will suffice or if a personalized letter to each interviewer is more appropriate.
3. **Make an Impression:** Use your letter as a way to stand out from the crowd and make a good impression. If there was something that you wished you had mentioned during the interview, use this chance to say it. Reiterate your interest in the job, your qualifications, and your skills.
4. **Wrap Up:** Keep your letters short and simple. Spell check and proofread your thank you letters.

Are you in need of employment support? If so, please call your Family Service Worker (724.658.7671) to get connected with our Employment Services Case Manager.

Easy Peezy St. Patrick's Day Wafer Cookies!



- 1 Package Green Candy Melts (*You can also find these at Walmart in the craft section*)
- 1 Package Vanilla Sugar Wafers
- Assorted Sprinkles

DIRECTIONS:

Melt about half of the package of candy melts according to package instructions. Lay out a sheet of parchment paper and dip each wafer into the chocolate. Place the dipped wafers on the parchment paper and immediately decorate with sprinkles. Allow to dry for a few minutes. Once dry, immediately place in an air tight container so that the wafers don't get stale. Enjoy!

